

Benefits Events Calendar

Seminars are open to all City employees. Pre-register for new employee benefits orientation using the email address provided. **If there is no registration information, registration is not required.** Questions? Contact the Benefits Unit at **206-615-1340** for most sessions or call **206-447-1924** if you have questions about the Deferred Compensation presentations.

November 2022			
Date	Event	Time	Location/Registration
11/2/22 Wednesday	HRA VEBA Eligible – Retirement Readiness	12:00 pm – 1:00 pm	Click here to register https://bit.ly/3yA8dSP
11/2/22 Wednesday	How to Access Care	12:30 pm – 1:00 pm	Click here to register https://bit.ly/3eK7cAW
11/3/22 Thursday	Resiliency – Part I	12:00 pm – 1:00 pm	Click here to register https://bit.ly/3fQyHZx
11/3/22 Thursday	Estate Planning & Beneficiary Considerations – Deferred Compensation	12:00 pm – 1:00 pm	Click here to register https://bit.ly/3SX4kz9
11/4/22 Friday	A Holiday Planning Guide	11:30 am – 12:00 pm	Click here to register https://bit.ly/3TcW6CY
11/8/22 Tuesday	Social Security 101: Everything You Wanted to Know	12:00 pm – 1:30 pm	Click here to join https://bit.ly/3SXOZOS
11/8/22 Tuesday	Women & Burnout – Peer Support	1:00 pm – 2:00 pm	Click here to register
11/10/22 Thursday	Employees & Burnout – Peer Support	10:00 am – 11:00 am	Click here to register
11/10/22 Thursday	Managing Taxes – Deferred Compensation	12:00 pm – 1:00 pm,	Click here to register https://bit.ly/3SCkTjw
11/15/22 Tuesday	Resiliency – Part II	12:00 pm – 1:00 pm	Click here to register https://bit.ly/3COMF7o
11/16/22 Wednesday	BIPOC & Burnout – Peer Support	11:00 am – 12:00 pm	Click here to register
11/16/22 Wednesday	Parenting and Relationships	12:00 pm – 1:00 pm	Click here to register https://bit.ly/3g2OW60
11/17/22 Thursday	Social Security – Deferred Compensation	12:00 pm – 1:00 pm	Click here to register https://bit.ly/3Snr1we
Online Any time	Health Plan Options for Retiring Employees	N/A	http://www.seattle.gov/human-resources/benefits/retirees/scers